



GUIDE TO JUNIOR REP TEAM TRIALS 2026

This document contains all you need to know to trial for the 2026 Mid Hills Junior Rep teams. For more information about what is involved in being part of a Rep team, have a look at the document **"What it means to be in an Association Representative team"** on the Mid Hills website (Midhillsna.org)

Eligibility:

To be eligible for selection in a Junior Rep team in 2026, players must

- Be born between 2009 and 2016
- Have registered and played for a Mid Hills affiliated club during the 2025 winter season
- Register and play for a Mid Hills affiliated club during the 2026 winter season
- **Trial format has changed. There may be reduction in numbers throughout the trial process. Therefore, it is necessary to attend the first trial (if unable to attend you must notify Committee Chairperson, Di Gray 0403 156 972)**

All selected players must comply with the MHNA Rep Team Player Responsibilities (see website Midhillsna.org)

Age Groups:

Players will be trialling within their age groups based on their age as at 31 December 2026

- 11 & Under (born 2015 or 2016)
- 13 & Under (born 2013 or 2014)
- 15 & Under (born 2011 or 2012)
- 17 & Under (born 2009 or 2010)

Selected teams/squads will comprise of 10 or more players.

Depending on numbers and skill level of players, as well as availability of coaches, Mid Hills may select 2 teams in some age groups, at the Carnival Committee's discretion.

Cost

There is no cost to trial for a Mid Hills Rep team.

If you are selected, you will be required to pay an annual fee, dress hire, and purchase some compulsory uniform items (shorts, socks, warmup top, hoodie). Players who have been in Rep teams in previous years can re-use their uniform items if they still fit and are in good condition.



Trial Location and Dates:

Up to 3 trials will be held. All trials are held at MHNA courts.

Registration for trials will open 30 minutes before trial commencement

Trial 1 Sunday 22 February 4.30 – 6.30pm

Trial 2 Tuesday 24 February 6.00 – 8.00pm

Trial 3 Thursday 26 February 6.00 – 8.00pm

Please note that players will be notified if they are not required to attend trials 2 and 3.

What to Wear & Bring to Trials:

Players must come to trials suitably dressed to play netball

- Shorts or leggings which allow you to move freely
- T-shirt or other short-sleeved top for playing. Bring a jumper to wear when you're not on the court.
- Proper netball shoes.
- Hair must be up and no jewellery worn
- Nails must be short
- Make sure you bring plenty of water to drink, and healthy snacks

IMPORTANT: No club, association, regional or SAPSASA clothing is to be worn to trials, and no school or other items which display the player's name.

Please wear regular clothing which does not identify the player in any way.

What to do when you arrive at trials:

- Go to the clubrooms to register, join your age group line.
- Your name and nominated playing positions will be checked – if you wish to change your nominated position, you need to do this at registration
- Players number will be written on arm or leg for trial (please let us know of any allergies)

Registration will open no earlier than 30 minutes prior to trial commencement time.

You need to allow enough time to register and get down to the courts by trial commencement time.

If you're going to be late or unable to attend, please let Di Gray know on 0403 156 972



Who runs the trials?

The Carnival Committee appoints a group of selectors for each age group. Selectors will observe the players throughout trials, making notes about skills, attitude, fitness and other aspects relevant to selections.

The selectors are appointed according to the following guidelines

- A minimum of 3 selectors for each age group
- Coaches of the age group will be part of the selection panel
- Independent selectors (ie not Rep coaches) will form part of the selection team for each age group. If there is more than one (1) independent selector for an age group, they must be from different Mid Hills Clubs.

Parents are not permitted to act as selectors in any age group in which their child is trialling.

Trial Co-ordinators are appointed to each age group to ensure all players get adequate court time. They will organise players into teams for each round of match play and keep track of how many times you have played in your nominated positions.

Umpires from various clubs give up their time to help with trials. Wherever possible, we try to avoid having parents umpire their own children. However, sometimes this is unavoidable due to limited numbers of umpires available.

How are the trials structured?

Each trial will begin with a warm-up session led by the selectors.

Once players are warmed up, trials will comprise a mixture of skills assessment (through drills and other activities) and match play.

Players will be referred to by number throughout the trials. When putting players on the court, the Co-ordinators will tell players what positions they are to play using their numbers (e.g. Pink Wing Attack, no 106)

Selectors will record each player by number and will make notes on the players as they watch the match/drill.

The Co-ordinators will do their best to ensure court time is fairly distributed.

We will endeavour to give players 2 games in their first nominated court area. Please be aware court time may not be equal due to the numbers nominating for that particular court area. For example, if a group has many players who nominated Centre position, and only a small number who nominated GK, those GK players will get more court time than the Centre players.

Players who change their nominated positions after trials commence cannot be guaranteed court time in each position.



Squad reduction

Selectors may decide to reduce the number of players after each trial.

Players will receive an email advising them if they are not required for further trials.

Players who do not receive an email should assume that they are still required and attend the next trial.

Announcement of Selections

After the final trial, selectors will meet to decide their final teams.

Selected players will receive an email within 48 hours of the final trial, advising them of their selection and providing details of what happens next. After emails have been sent, team lists will be posted on the Mid Hills website and Facebook page

FAQ

Sick or injured players can still be considered for selection if they provide a medical certificate confirming that they are unfit to trial.

Where trials for other netball teams at a higher level than Rep teams (e.g. Academy or state teams) clash with MHNA Rep team trials, affected players must apply to the Carnival Committee in writing explaining the reason for their absence. Eligibility for these players will be at the Carnival Committee's discretion.

Players who are otherwise unavailable to attend trials (e.g. away on holidays) will not be eligible for selection.